



January 2026 Border Post

**THE DEADLINE FOR THE FEBRUARY 2026
BORDER POST IS JANUARY 27, 2026.**

WWW.WASKADA.ORG

WASKADA ECO CENTRE

Located at the Waskada Disposal Site

Winter Hours:

Open Tuesday and Wednesday

1:00 PM - 6:00 PM

&

Sat. 11:00 AM - 4:00 PM

Bring in used oil, filters, jugs,



used antifreeze,

and containers.

Thank you to Manitobans for
MAKING EVERY DROP COUNT



2026 GRANT APPLICATIONS

DUE BY January 31, 2025.

COMMUNITY GROUPS/SERVICE GROUPS/NON-PROFITS –

Any group applying and/or considering applying for a grant from the Municipality:



Please send your applications into the municipal office no later than January 31, 2026!

Applications can be picked up at the Municipal Office at

33 Railway Avenue

Waskada, MB

OR

Application forms can be emailed upon request by calling 204-673-2401 or emailing office@brendawaskada.ca

WASKADA COMMUNITY FOODS

January

32 RAILWAY AVE

Box 10, Waskada Mb
RoM 2E0

(204) 673-2295

BUSINESS HOURS

Sunday -closed

Monday 9am – 6pm

Tuesday 9am – 6pm

Wednesday 9am – 6pm

Thursday 9am -6pm

Friday 9am – 6pm

Saturday 10am -6pm

OUR GROCERY STORE HAS MUCH TO OFFER OUR COMMUNITY:

Groceries

Propane

Lottery

Cafeteria

Your Local General Store

Fine Foods weekly grocery sales flyer to mailboxes

Our cafeteria has daily hot lunches, Wednesday hot suppers, Friday hot protein for take out.

Email :

wascommstore@hotmail.com

In store Manager:

Naomi Powne

Board of Directors Chairperson:

Jennifer Wickham

Follow us on facebook:

Waskada Community Foods

Management, staff and Board of Directors wish a prosperous 2026 to all!

2025-2026 Meat Draws & Bingo

Nov 7 - Group - PAC/WUC

- Meat Sponsor - McGregor Farms/ D.E. McGregor Ltd-
- Supper -Burger Bar- burgers, Fries, Sliced Cheese, Buns, May, BBQ Sauce

Nov 21- Group -PAC/WUC

- Meat Sponsor - Griffith Agencies
- Supper - Shepherds Pie- buns salad

Dec 5- Group - Goodlands crew

- Meat Sponsor - Shurgro
- Supper - Stew, buns, salad

Dec 19- Group - Borderfest/Bulls on the Border

- Meat Sponsor - Sunrise CU/ Sto/Van]
- Supper - Roast Beef, Baked Potato, Corn(Veggie) Buns, Coleslaw, sour cream, bacon bits, butter

Jan 9- - Group – Waskada Legion Ladies Meat Sponsor- Colin Bambridge Hauling

Jan 30- Group Meat Sponsor-Jolly Construction

Feb 13- Group Meat Sponsor - Baker Hughes

Feb 27- Group Meat Sponsor

Mar 13- Group Meat Sponsor

Mar 27- Group Meat Sponsor

April 10- All Groups

- Meat Sponsor – LGL Truck and Trailer

If you are interested in Sponsoring meat or if your group is looking for a fund raiser for any of the remaining meat draws, please email Bill and Myself. abhdick02@gmail.com & tanismbennie@gmail.com

Thanks- we look forward to seeing everyone on Nov 7 for the first meat draw

Merry Christmas
from the Waskada Lions Club



Local donations:

Jerseys/socks for Rec Youth Hockey	\$2,700	BorderPost	\$ 100
Waskada Cemetery	\$ 2,000	Westman Youth Choir	100
Waskada Museum Committee	\$ 5,000	Christmas Cheer	200
Southwest Regional Foundation	\$ 1,100	Curling Ice Sponsorship	200
Medical Assistance (3 families)	\$1,500	Waskada Wee Ones	300
Bulls on the Border	\$ 2,500	Child ID Kits	200
Journey for Sight	500	A & L Gervin Benefit	580
Waskada Fire Dept (in memory R Minne)	500		
Grad Scholarships	<u>800</u>		
Total Local Donations	\$ 18,280		

Pledged \$10,000 to PAC for playground equipment at the school

Hat Pool payouts (World Series, Grey Cup)	\$ 500
Sweepstakes payout	2,250
Electronic Sign (Total cost \$43,000-21,270 donations)	\$21,730
General Hall expenses (Hydro, water, Poulins)	5,000

Donations to Lions Organizations

(Diabetes, Guide Dogs, Lions Quest, Hearing, LCIF, Med. Assistance Program)	1,100
Wheat City Lions -AED assistance for Brandon Search and Rescue	50

TOTAL DISBURSEMENTS FOR THE YEAR **\$48,910**

Delivered 100 Child ID Kits to Waskada School

Hosted Pizza Night for all volunteers with the Crop Growing Project

Held Grey Cup Pancake breakfast,

Collected non-perishable items for Deloraine and Area Food Cupboard

Crop Grower Project – Successful canola crop was planted, maintained and harvested with the assistance of lions members and community volunteers

**Recipient of the Non-Profit/Service award for 60 years of community service at the
Crocus Country Awards banquet Oct 2025**

More Than 600 Volunteer Hours for the Year

Currently our club has 17 members. Please consider joining our club and helping your community and the world at large

Thank you for your continued support



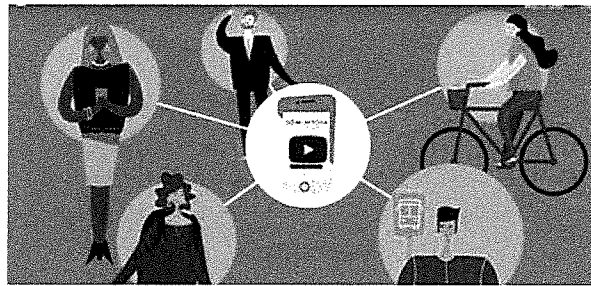
GoManitoba's goal is to address the transportation gap across our province by bringing sustainable, healthy commuting options to all Manitobans. Its purpose is to ease travel by helping to facilitate carpools, promote public transit use where available, and match bike and walk mentors. It is a quick, secure, and personal way to find your commuting options, simply using your home and work (or other destination) addresses.

GoManitoba is a free tool to match users with similar trips and destinations. We all have routine trips that we make, be they to work, social outings, school, or to the city. With GoManitoba, drivers can share the cost of gas and wear-and-tear on their vehicle for their trips with a passenger seeking a ride to a nearby destination. GoManitoba's algorithm matches people for similar trips, based on starting location, destination, and time of travel.

"If you have joined a friend or family member in a ride to a common destination, you've experienced a carpool" says Mel Marginet, one of GoManitoba's coordinators. "To make carpooling more successful, you have to have enough drivers and passengers to find a good match. GoManitoba connects people in one place to make those connections, and increases opportunities to socialize with the wider community to more destinations."

Organizations and municipalities can create their own networks for free on GoManitoba to increase transportation options, social and economic participation within their community or organization. Visit gomb.ca to create your account today. Interested in bringing GoManitoba to your organization or town? Email: gohappy@greenactioncentre.ca for details on becoming a network.

Want to learn more? Click the image to view an informational video...



PARTNER HIGHLIGHT...

YOU ARE NOT ALONE.

The Alzheimer Society of Manitoba is your path forward to a community of dementia support, resources and information.

Whether you're worried about dementia, have recently received a diagnosis or need help navigating the changes and challenges that come with progression of the disease, the Society connects you with helpful resources to meet your needs. These include one-to-one support, education sessions, support groups, dementia-friendly programming and more.

The holiday season can be an especially difficult time for families navigating dementia – but know that you are not alone.

Alzheimer
Society

MANITOBA

*Dementia Care
& Brain Health*

Connect with the Society today by calling 204-943-6622 (Winnipeg),
1-800-378-6699 (Manitoba) or emailing alzmb@alzheimer.mb.ca.
Visit alzheimer.mb.ca to learn more.

SOCIAL PRESCRIBING IN ACTION



Social prescribing is empowering, says family physician...

Healthcare providers often see patients who present with non-medical issues, including older adults who are socially isolated or lonely.



Social prescribing enables healthcare providers to refer these patients to the Senior Resources Coordinator (SRC) in the community. The referral is easy to make via an Electronic Medical Record form. When the SRC receives a referral, they then work with the older adult to connect them with appropriate programs and resources, such as exercise classes, support groups, or meal programs.

Being able to connect patients with community resources can feel empowering for healthcare providers. "This isn't something you can prescribe a pill for or just fix. So it's actually kind of empowering to be able to at least address some of what the actual issues are," said a Winnipeg family physician.

It's actually kind of empowering to be able to at least address some of what the actual issues are. (Family physician).

Referral to a SRC can make a big difference for an older adult. Research shows that social prescribing can enhance older adults' social connection, and improve mental health and well-being. A patient in Winnipeg who was referred to a SRC put it this way: "I made some friends, I don't feel so lonely, and I don't feel so alone. I'm glad I have such a good doctor who cares enough to refer me to a Senior Resource Coordinator."

And healthcare providers see the difference in their patients. A Winnipeg family physician commented: "I've seen first-hand that people who are more engaged in their community and feel connected and supported within their community tend to have better overall coping skills and better overall mental health."

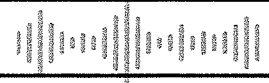
Bild, E., & Pachana, N. (2022). Social prescribing: A narrative review of how community engagement can improve wellbeing in later life. *Journal of Community & Applied Social Psychology*, 32(6), 1148-1215.



Congratulations to Colleen Tackaberry, retiring after 20+ years as the Seniors Resource Coordinator at Transcona Resource Council for Seniors. Colleen has been a steady, trusted support for older adults and a true leader in Social Prescribing, embracing referrals and helping shape this new system in Manitoba. As we celebrate her work, we also honour all Resource Coordinators, who quietly strengthen communities every day.

Do you know your Resource Coordinator? They are helping make growing older in Manitoba more connected and supported.

OUR VOICE FOR OLDER MANITOBANS



For older Manitobans, winter driving is more than a seasonal challenge; it is about staying connected to health, community, independence, and safe travel. Transportation ensures dignity and access to essentials like medical care, groceries, and social gatherings. When icy roads or blowing snow make trips risky, Age Friendly transportation programs such as volunteer driving, carpooling (Go Manitoba), and accessible transit become lifelines. Preparedness with winter tires and emergency kits; patience through slower speeds and extra travel time, and partnerships among neighbours, volunteers, and municipalities all strengthen resilience.

Transportation is ultimately about relationships: a driver who waits to ensure someone gets safely inside or a transit operator offering a steadying hand embodies the Age Friendly spirit. By blending practical safety tips with community-based solutions, we ensure winter roads remain pathways to connection, not barriers to belonging.



Save Travels & Happy Holidays!



DELORAINIE BORDER FESTIVAL



April 2026



Celebrate the Arts!

**Solo, Duet, Trio, Quartet, Group, School
Competitive and Non – Competitive Entries**

DATES

Visual Arts: Week of April 6 – 10

Deadline To Drop Off Artwork:

3:00 p.m. Tues. March 24th

Deloraine School Office

Vocal/Choral: Week of April 6 – 10

Piano: Week of April 13 – 16

Instrumentals: April 17

Speech & Theatre Arts: Week of April 20 – 23

Awards Concert: Sunday, April 26

ENTRY DEADLINE: Tuesday, February 10, 2026

Entry Forms (Google Docs) coming at www.deloraineborderfestival.net

Questions? Go to “Disciplines”. Contact coordinators.

View the Syllabus and Local Addendums

Regulations, Awards, Archived Programs

Additional Information

Printed copy of Syllabus at Bren Del Win Library

Join us as a participant! Come view the sessions and concert!

Give the Gift of Membership

This year, we did the shopping for you!

Visit your local Sunrise Branch to pick up a Membership Gift Tag — the perfect way to start a new membership for anyone ages 0 to 25.

Each tag includes a free \$5 member share
PLUS a \$50 bonus deposit!


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CREDIT UNION
sunrisecu.mb.ca



Available for new youth and student memberships only.
Certain conditions apply. Offer ends January 17, 2026.





*have your business
seen in the*

BORDER POST

Serving Waskada, Goodlands, Lyleton & Coulter

Reach over 200 mailboxes monthly

Color advertisement available digitally on the Municipality website

\$50 per year

Promote your business

Colin Bambridge Hauling

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Coulter MB
R0M 0G0

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Cell: 204-522-6289
Fax: 204-649-2469

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Fertilizer Needs

Saltel Electric

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Service

Dale Saltel - Owner
(204) 290-7336
DSaltel@gmail.com
www.SaltelElectric.com

SUNRISE



Member Service Representative

Phone: 204 673.2774 Fax: 204 673.2213
28 Railway Avenue East
P.O. Box 145, Waskada, Manitoba R0M 2E0

waskada@sunrisecu.mb.ca
sunrisecu.mb.ca

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General Manager

OFFICE: 204.483.3986 | CELL: 204.522.6505
EMAIL: toliver@mwmenviro.ca | www.mwmenviro.ca

Serving Southern Manitoba with locations in Souris & Morden. 

Waskada Lions Club

Home of the Annual Rabbit Feed

Pres. Roland Hainsworth, hainsworthr086@gmail.com
204-673-2638

Sec. Dawn Minne, rdminne@mymts.net
204-673-2432

Meet: 3rd Thursday of the month @ 8:00 AM

*Happy
New Year*



**Lawrence
Clayton**

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WASKADA, MB**

**Ph: (204)522-6542
Ph: (204)522-5436**

Scott Williams, B.Sc, CAIB
Insurance Broker

scott.williams@griffithagencies.ca



Griffith Agencies

39 Railway Ave
Waskada, Manitoba
R0M 2E0

Office: (204) 673-2522
Fax: (204) 673-2535
Cell: (204) 264-1570

Casey Ziegler
President

O: (306) 297-4041
TF: 1-877-981-9142
C: (403) 548-0471
F: (306) 297-4042

Box 1771
Shaunavon, SK
S0N 2L0

WELLTRAXX



casey.ziegler@welltraxx.com

welltraxx.com



THE NORWEX MISSION

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Independent Norwex Consultant:

Donna Stewart

cell: (204) 264-0326 call or text

website: donnastewart3586.norwex.biz



Holidays!

It Pays to Advertise!

Inquire to the Municipal office to submit your advertisement.

Phone: 204-673-2401 or email: office@brendawaskada.ca

Business Card \$5.00/publication or
\$50.00/year

½ page Ad \$15.00

¼ Page Ad \$10.00

Full Page Ad \$20.00

2026

MMJS

LAW OFFICES

McCulloch Mooney Johnston Selby LLP

YOUR LOCAL LAWYERS

Harley J. Shepherd Barrister and Solicitor email: harley@mmjslaw.com

Carman tel: 204 745-2546
fax: 204 745-3963
14 Main Street S. Box 1670
Carman, MB R0G 0J0

Deloraine tel: 204 747-2082
fax: 204 747-2180
130 Broadway Street N. Box 489
Deloraine, MB R0M 0M0

Southwest Horizon School Division 2025 - 2026 School Year

Legend			
Admin Day PD			
Holiday			
February 2, Term 2 Starts			
196 days less 10 non instructional days = 186 days 91 teaching days term 1 and 95 teaching days term 2			

November 2025 (17+2)				
M	T	W	T	F
3	4	5	6	7
Day 4	Day 1	Day 2	Day 3	Day 4
10	11	12	13	14
Admin	Day 1	Day 2	Day 3	Day 3
17	18	19	20	21
Day 4	Day 1	Day 2	Day 3	PD School
24	25	26	27	28
Day 4	Day 1	Day 2	Day 3	Day 4

February 2026 (18+1)				
M	T	W	T	F
2	3	4	5	6
PD	Day 4	Day 1	Day 2	Day 3
9	10	11	12	13
Day 4	Day 1	Day 2	Day 3	Day 4
16	17	18	19	20
	Day 1	Day 2	Day 3	Day 4
23	24	25	26	27
Day 1	Day 2	Day 3	Day 4	Day 1

May 2026 (20)				
M	T	W	T	F
				1
4	5	6	7	8
Day 3	Day 4	Day 1	Day 2	Day 3
11	12	13	14	15
Day 4	Day 1	Day 2	Day 3	Day 4
18	19	20	21	22
	Day 1	Day 2	Day 3	Day 4
25	26	27	28	29
Day 1	Day 2	Day 3	Day 4	Day 1

September 2025 (18+2)				
M	T	W	T	F
1	2	3	4	5
	Admin	Day 1	Day 2	Day 3
8	9	10	11	12
Day 4	Day 1	Day 2	Day 3	Day 4
15	16	17	18	19
Day 1	Day 2	Day 3	Day 4	Day 1
22	23	24	25	26
Day 2	Day 3	Day 4	Day 1	Day 2
29	30			
PD				

December 2025 (15)				
M	T	W	T	F
1	2	3	4	5
Day 1	Day 2	Day 3	Day 4	Day 1
8	9	10	11	12
Day 2	Day 3	Day 4	Day 1	Day 2
15	16	17	18	19
Day 3	Day 4	Day 1	Day 2	Day 3
22	23	24	25	26
29	30	31		

March 2026 (18+2)				
M	T	W	T	F
2	3	4	5	6
Day 2	Day 3	Day 4	Day 1	Day 2
9	10	11	12	13
Admin	Day 3	Day 4	Day 1	Day 2
16	17	18	19	20
Day 3	Day 4	Day 1	Day 2	Day 3
23	24	25	26	27
Day 4	Day 1	Day 2	Day 3	PD 9-12 Admin K-8
30	31			

June 2026 (21+1)				
M	T	W	T	F
1	2	3	4	5
Day 2	Day 3	Day 4	Day 1	Day 2
8	9	10	11	12
Day 3	Day 4	Day 1	Day 2	Day 3
15	16	17	18	19
Day 4	Day 1	Day 2	Day 3	Day 4
22	23	24	25	26
Day 1	Day 2	Day 3	Day 4	Day 1
29	30			
Day 2	Admin			

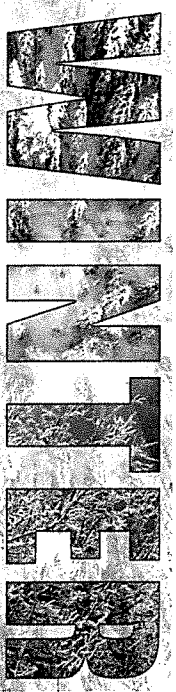
October 2025 (21+1)				
M	T	W	T	F
		1	2	3
		Day 3	Day 4	Day 1
6	7	8	9	10
Day 2	Day 3	Day 4	Day 1	Day 2
13	14	15	16	17
	Day 3	Day 4	Day 1	Day 2
20	21	22	23	24
Day 3	Day 4	Day 1	Day 2	SAGE
27	28	29	30	31
Day 3	Day 4	Day 1	Day 2	Day 3

January 2026 (20)				
M	T	W	T	F
			1	2
5	6	7	8	9
Day 4	Day 1	Day 2	Day 3	Day 4
12	13	14	15	16
Day 1	Day 2	Day 3	Day 4	Day 1
19	20	21	22	23
Day 2	Day 3	Day 4	Day 1	Day 2
26	27	28	29	30
Day 3	Day 4	Day 1	Day 2	Day 3

April 2026 (18+1)				
M	T	W	T	F
		1	2	3
6	7	8	9	10
Day 4	Day 1	Day 2	Day 3	Day 4
13	14	15	16	17
				PD K-8 Admin 9-12
Day 1	Day 2	Day 3	Day 4	
20	21	22	23	24
Day 1	Day 2	Day 3	Day 4	Day 1
27	28	29	30	
Day 2	Day 3	Day 4	Day 1	

September 1, 2025 - Labour Day
September 3, 2025 - First Day of School
September 30, 2025 - National Day for Truth and Reconciliation
October 13, 2025 - Thanksgiving
November 11, 2025 - Remembrance Day
December 22, 2024-January 2, 2026 - Christmas Break
February 2, 2026 - First day of Term 2
February 16, 2026 - Louis Riel Day
March 30, 2026 - April 3, 2026 - Spring Break
April 3, 2026 - Good Friday
May 18, 2026 - Victoria Day

January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31 Municipal Office Open Until 12 PM Garbage and Recycling Day Medora Dump Hours 9-2	1 Municipal Office Closed	2 Glow Bonspiel	3 Public Skating 2-4
4	5 Return to Classes	6	7 Garbage and Recycling Day	8	9 Meat Draw at Waskada Rink	10 Public Skating 2-4
11 U11 Deloraine Hockey Game 2:30 PM	12	13 Council Meeting 4:30 PM	14 Garbage and Recycling Day	15	16 U11 Gold Team vs Brandon Hockey 7:00 PM	17 Public Skating 2-4
18	19	20	21 Garbage and Recycling Day	22	23 Ladies Bonspiel and Old Timers Weekend	24 Ladies Bonspiel and Old Timers Weekend
25	26	27 Council Meeting 4:30 PM	28 Garbage and Recycling Day	29	30 Meat Draw at Waskada Rink	31 Public Skating 2-4
1	2 No School	Notes Waskada Dump Hours: Tuesday and Wednesday 1:00 - 6:00, Saturday 11:00 - 4:00 Medora Dump Hours: Wednesday 11:00 - 4:00, Saturday 11:00 - 4:00 Goodlands Dump Hours: Wednesday 3:00 - 6:00, Saturday 9:00 - 1:00				

2026

This schedule is subject to change

For any EMERGENT situations call 911